

**ANATOL PODOLSKY, M.D.**  
Fellow of American Academy of Orthopedic Surgery  
Orthopedic and Spine Surgery

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**Curriculum Vitae**

Place of birth: St. Petersburg,  
Russia

Undergraduate: 1980 Lesgaft Institute, St. Petersburg, Russia

Undergraduate: 1981-1982 UC Irvine / no degree

Medical School: 1982-1986 UC Irvine Medical College / M.D.

Residency: 1986-1991 Mayo Clinic, Dpt. of Orthopedic Surgery

Biomechanics: M.S. in Orthopedic Biomechanics, Mayo Clinic,

Traveling Fellowship: Nuffield Total Joint Center, Oxford, UK 1990

Hospital affiliations: OCM, St. Joseph's Hospital, Saddleback, Foothill, FVRH

Memberships & Associations: AAOS, AAHKS, NASS member. Sports Medicine Committee of USFSA (US skating federation)

Publications: Strength & jump height in figure skaters. American Journal of Sports Medicine 18(4): 400-405; 1990  
Biomechanical Performance of Circular Fixators CORR 293: 61-70; 1993 Local Anesthesia of the Hand, 1991;17: 881-88  
Journal of Dermatology Oncology and Surgery

Awards: Mayo Clinic Kelly Award for Excellence in Orthopaedic Research, 1989

Special interests Adult Reconstruction / Joint Replacement, Design of Orthopedic Implants; Spine Surgery

Volunteer work UC Irvine Volunteer Faculty Clinical Instructor for Orthopaedic Program since 1991 to 2001 Volunteer

**Work history for the last 10 years**

I'm currently on staff at Orange Coast Memorial Medical Center, Saddleback Memorial Hospital, St. Joseph's medical center, Fountain Valley Regional Medical Center in Orange county, CA. I also have privileges in the outpatient surgery centers including Pavilions in orange, Orange Coast Memorial Medical Center, Doctor Surgery Center and Fountain Valley Surgery Center.

The scope of my practice includes adult reconstruction with primary and revision total joints.

I am a fellow of AAOS as well as member of AAHKS, American Association of Hip and Knee surgeons. I am a member of North American Spine Society (NASS).

I am board certified American Board of Orthopedic Surgery (ABOS). Recertification takes place every 10 years.

My CME is up-to-date. I attend annual meetings of AAOS. Twice a year I attend Hip and Knee society meetings as well as NASS meeting. I am also participating in maintenance of certification program by ABOS.

**Value proposition**

I perform Primary total joint in 30-35 minutes and do total knee procedures without a tourniquet and with minimal blood loss and good outcomes. The average cost of the operating room is \$4000 per hour. Depending on location DRG payment varies between \$11K – 12K. The cost of implant could be \$3K-4K. If the surgery takes 2Hrs the OR cost is \$8K making Medicare patients unprofitable to the hospital. With 30 min TKA the hospital keeps \$6K in savings.